

Endurance Recumbent Cycle

LED CONSOLE

R-ES-F

Our Endurance Recumbent Cycle distributes weight and offers excellent support for a low-impact cardio workout. Custom-molded, adjustable touchpoints and an ergonomically sculpted seat and back pad enhance comfort for users of all sizes and ability levels, while smart design features streamline service for technicians and simplify placement for facilities.



Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. Complete, easy-to-read workout feedback helps members gauge performance at a glance.

CONSOLE	
DISPLAY	Large number LED with message center
WORKOUTS	Go, manual, interval training, fat burn, rolling hills, target heart rate, glute training†, fitness tests
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish
FAN	No
IPTV	No
BLUETOOTH	No
ANT+	No
RFID WIRELESS LOGIN	Optional
CONNECTS TO APPLE WATCH	No
MADE FOR IPHONE, IPAD, IPOD	No
USB PORT	Yes; device charging, software updates
WIRELESS CHARGING (QI)	No
CSAFE READY	Yes
AUTO WAKE-UP	No
	†Some of these programs may not be available on this frame.

FRAME	
RESISTANCE LEVELS	30
SHIPPING WEIGHT	112 kg / 246.9 lbs.
POWER REQUIREMENTS	Self-powered or 100-240 V — 50/60 Hz AC
REAR-LIFT HANDLE	Yes
RESISTANCE SYSTEM	Brushless generator
SEAT ADJUSTMENT	Single-hand lever
SEAT MATERIAL	Custom one-piece, molded seat back and bottom
TOP-DOWN LEVELERS	Yes
RESISTANCE RANGE	2-750 W
ASSEMBLED WEIGHT	91 kg / 200.6 lbs.
PEDAL SPACING	17.5 cm / 6.9"
MINIMUM WATTS	2 W powered or 13 W self-powered
MINIMUM RPM	10 RPM powered or 25 RPM self-powered
CONTACT & TELEMETRIC HR	Yes
ETHERNET CONNECTIVITY	Yes
MAXIMUM USER WEIGHT	182 kg / 400 lbs.
ASSEMBLED DIMENSIONS	154.3 x 67.4 x 144.2 cm / 60.7" x 26.5" x 56.8"
CRANK DESIGN	Three piece with forged arms and integrated puller