

## Endurance Upright Cycle

### LED CONSOLE

U-ES-F

Our Endurance Upright Cycle gives beginners and cycling enthusiasts alike the feel of a real outdoor ride. Accessible, race-inspired design makes even long rides more comfortable than expected, and a range of smart features make it easy to service and place the cycle wherever your facility has space.



Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. Complete, easy-to-read workout feedback helps members gauge performance at a glance.

CONSOLE	
DISPLAY	Large number LED with message center
WORKOUTS	Go, manual, interval training, fat burn, rolling hills, target heart rate, glute training†, fitness tests
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish
FAN	No
IPTV	No
BLUETOOTH	No
ANT+	No
RFID WIRELESS LOGIN	Optional
CONNECTS TO APPLE WATCH	No
MADE FOR IPHONE, IPAD, IPOD	No
USB PORT	Yes; device charging, software updates
WIRELESS CHARGING (QI)	No
CSAFE READY	Yes
AUTO WAKE-UP	No
	†Some of these programs may not be available on this frame.

FRAME	
RESISTANCE LEVELS	30
SHIPPING WEIGHT	83 kg / 183 lbs.
ASSEMBLED WEIGHT	70 kg / 154.3 lbs.
RESISTANCE RANGE	2–750 W
HANDLEBAR DESIGN	Racing design with elbow support
ETHERNET CONNECTIVITY	Yes
CONTACT & TELEMETRIC HR	Yes
CRANK DESIGN	Three piece with forged arms and integrated puller
ASSEMBLED DIMENSIONS	122 x 74.4 x 152.1 cm / 48" x 29.3" x 59.9"
MINIMUM RPM	10 RPM powered or 25 RPM self-powered
MAXIMUM USER WEIGHT	182 kg / 400 lbs.
MINIMUM WATTS	2 W powered or 13 W self-powered
PEDAL SPACING	17.5 cm / 6.9"
REAR-LIFT HANDLE	Yes
POWER REQUIREMENTS	Self-powered or 100–240 V — 50/60 Hz AC
RESISTANCE SYSTEM	Brushless generator
SEAT MATERIAL	Sewn vinyl over foam
SEAT ADJUSTMENT	Single-hand lever
TOP-DOWN LEVELERS	Yes