

Adjustable Cable Crossover

G3-MS20



- Four configurations with a varying number of stations; 4-stack, 5-stack, 8-stack, and freestanding adjustable cable crossover
- Low row and lat pulldown have dual pulley configurations for greater training variety
- 5-stack and 8-stack configurations come with a connecting cable crossover tube with integrated pull-up bar
- Each configuration contains one or more of the following popular gym exercises: low row with dual pulleys, lat pulldown with dual pulleys, adjustable cable column, and triceps pressdown
- Designed so more than one of each station can be assembled in each 4-stack

EASE OF USE

Ergo Form Cushions	Yes
Color-coded Pivots & Adjusts	Yes
Bottle & Towel Holder	Yes

FRAME

Over-sized Frame Tubing	Yes
Frame finish	Proprietary two-coat powder process
Frame Color	Iced Silver

TECH SPECS

Shipping Weight	451 kg / 995 lbs.
Product Weight	399 kg / 880 lbs.
Weight Stack	2 x 91 kg / 2 x 200 lbs.
Overall Dimensions (L x W x H)	397.4 x 90.0 x 239.6 cm / 156.5" x 35.4" x 94.3"

WEIGHT STACK

Weight Pins	Magnetic & tethered
Guards & Pulleys Covers	Yes
Suspension	3-Point Design
Self-lubricating Weight Stack Bushings	Solid cold-rolled steel plate, with Teflon inner bushings.