

R3xm Recumbent Cycle



CONSOLE	
PERSONAL TRAINER PORTAL COMPATIBLE	No
PERSONAL FAN	No
MULTIMEDIA PLAYBACK	No
WORKOUTS	Manual, Constant Watts, Fat Burn, Interval Training, Target HR, Fitness Test
RFID COMPATIBLE	No
VIRTUAL ACTIVE	No
WEB CONNECTIVITY	No
BLUETOOTH ENABLED	No
INTEGRATED VISTA CLEAR TELEVISION TECHNOLOGY	No
FACILITY COMMUNICATION PORTAL/CALENDAR	No
FITCONNEXION READY	No
RESISTANCE RANGE	1-30
PAUSE FUNCTION	Yes
INSTANT ON TECHNOLOGY	Yes
READING RACK	Yes
ON-THE-FLY PROGRAM CHANGE	Yes
CSAFE READY-FITLINXX	Yes
FITTOUCH	No
USB PORT	Yes
IPTV COMPATIBLE	No
PRO:IDIOM COMPATIBLE	No
WIFI ENABLED	Optional
SECONDARY DATA DISPLAY	No
DISPLAY FEEDBACK	Time of Day, Time Elapsed, Time Remaining, Total Program Time, Distance (Kilometers or Miles), Calories, Level, Speed, RPM, Heart Rate, METs, Watts, Workout Profile
WORKOUT TRACKING NETWORK COMPATIBLE	No
ONE-BUTTON START	Yes
ASSET MANAGEMENT COMPATIBLE	Yes
IPOD	Charging only
DISPLAY TYPE	Dot-matrix LED with profile display
USER-DEFINED MULTI-LANGUAGE DISPLAY	Accessible only through Manager Menu: English, German, French, Italian, Spanish, Dutch, Portuguese, Japanese, Swedish, Finnish, Turkish, Polish

FEATURES	
INTEGRATED ARM RESTS	No
HANDLEBAR DESIGN	Seat side / Front ergo bend
BOTTLE HOLDER	Yes
CONTACT & TELEMETRIC HR	Yes
REMOTE RESISTANCE CONTROLS	Yes

RESISTANCE SYSTEM	
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TECH SPECS	
MINIMUM WATTS	4 powered / 7 self-powered
SHIPPING WEIGHT	99.7kg / 219 lbs.
ASSEMBLED WEIGHT	87.5 kg / 192.9 lbs.
MINIMUM RPM	25 powered / 25 self-powered
ASSEMBLED DIMENSIONS	150.3 x 65.4 x 140 cm / 59.2" x 25.7" x 55.1"
CRANK DESIGN	User Adjustable Cranks
MAX USER WEIGHT	182 kg / 400 lbs.
POWER REQUIREMENTS	Self-powered / powered 100v-240v - 50/60Hz AC