

S-Drive Metrics

The S-Drive Metrics combines a user-driven treadmill, weighted sled, resistance parachute and harness system ideal for maximizing athletic speed and explosiveness. The S-Drive Metrics features an intuitive backlit LCD console that tracks speed, time, distance and heart rate while offering instant access to interval and Sprint 8 programming.



CONSOLE	
DISPLAY SCREEN	Extra-large backlit LCD display
DISPLAY FEEDBACK	Time, Distance, Heart Rate (with heart rate strap), Calories
BLUETOOTH ENABLED	N/A
ANT+ ENABLED	N/A
WORKOUT TRACKING COMPATIBLE	No
WIFI ENABLED	No
TRAINING INTENSITY GUIDE	No
RFID ENABLED	N/A
TELEMETRIC HR	Yes
PROGRAMS	Manual, Intervals, Sprint 8
FITNESS TESTS	Sub maximal heart rate
ASSET MANAGEMENT COMPATIBLE	N/A

DRIVE SYSTEM	
DRIVE SYSTEM	Dual magnetic maintenance free brakes

FEATURES	
USER HARNESS	Adjustable, connection free harness
DECK TYPE	Reversible, 2.5 cm / 1"
STEP-ON HEIGHT	17.8 cm / 7"
RUNNING AREA	152 x 51 cm / 60" x 22"
SPEED RANGE	User defined
RESISTANCE SYSTEM	Magnetic
RESISTANCE LEVELS	11 parachute, 8 sled
INCLINE RANGE	7° fixed
POWER MEASUREMENT (WATT)	N/A
BELT TYPE	Forbo, commercial grade

TECH SPECS	
OVERALL DIMENSIONS	195 x 88.3 x 150 cm / 76.8" x 34.8" x 59" (L x W x H)
SLED BRAKE MAXIMUM RESISTANCE	122.5 kg / 270-lb. sled on natural turf
POWER REQUIREMENTS	Self powered / DC plug in (charging only)
SHIPPING WEIGHT	145.2 kg / 320 lbs.
PRODUCT WEIGHT	122.5 kg / 270 lbs.
MAX USER WEIGHT	182 kg / 400 lbs.