

# Chest Press

## G3-S10



- Adjustable pressing arm allows users to determine their own range of motion
- Oversized dual hand grips provide greater comfort and variety

### EASE OF USE

Color-coded Pivots & Adjusts	Yes
Instructional Placards	Yes
Bottle & Towel Holder	Yes
Ergo Form Cushions	Yes

### FRAME & BELT

Over-sized Internal Frame Tubing	Yes
Frame finish	Proprietary two-coat powder process
Frame Color	Polarized Titanium
Belt Transmission	Reinforced 15/16" flat Kevlar/urethane belt

### TECH SPECS

Overall Dimensions	127.0 x 155.9 x 184.7 cm / 50.0" x 61.4" x 72.7"
Total Weight	275 kg / 607 lbs.
Weight Stack	113 kg / 250 lbs.
Shipping Weight	327 kg / 720 lbs.

### WEIGHT STACK

Self-lubricating Weight Stack Bushings	Solid cold-rolled steel plate, with Teflon inner bushings.
Suspension	3-Point Design
Guards & Pulleys Covers	Yes
Weight Pins	Magnetic & tethered