

Pectoral Fly

G3-S12



- Dual hand grips accommodate users of all sizes
- Adjustable starting position
- Independent arm action ensures more balanced exercise by not allowing the dominant side to control the exercise

EASE OF USE

Color-coded Pivots & Adjusts	Yes
Instructional Placards	Yes
Bottle & Towel Holder	Yes
Ergo Form Cushions	Yes

FRAME & BELT

Oversized Internal Frame Tubing	Yes
Frame finish	Proprietary two-coat powder process
Frame Color	Polarized Titanium
Belt Transmission	Reinforced 15/16" flat Kevlar/urethane belt

TECH SPECS

Overall Dimensions	113.3 x 156.8 x 150.6 cm / 44.6" x 61.7" x 59.3"
Total Weight	246 kg / 542 lbs.
Weight Stack	91 kg / 200 lbs.
Shipping Weight	299 kg / 660 lbs.

WEIGHT STACK

Self-lubricating Weight Stack Bushings	Solid cold-rolled steel plate, with Teflon inner bushings.
Suspension	3-Point Design
Guards & Pulleys Covers	Yes
Weight Pins	Magnetic & tethered