

Shoulder Press

G3-S20



- Pressing arm includes both bar and neutral grips for individual user preference or anatomical limitations
- Oversized hand grips provide greater comfort and variety
- Counterbalanced pressing arm for optimal starting resistance

EASE OF USE

Color-coded Pivots & Adjusts	Yes
Instructional Placards	Yes
Bottle & Towel Holder	Yes
Ergo Form Cushions	Yes

FRAME & BELT

Oversized Frame Tubing	Yes
Frame finish	Proprietary two-coat powder process
Frame Color	Polarized Titanium
Belt Transmission	Reinforced 15/16" flat Kevlar/urethane belt

TECH SPECS

Overall Dimensions	152.0 x 146.9 x 150.7 cm / 59.8" x 57.8" x 59.3"
Total Weight	251 kg / 553 lbs.
Weight Stack	91 kg / 200 lbs.
Shipping Weight	281 kg / 620 lbs.

WEIGHT STACK

Self-lubricating Weight Stack Bushings	Solid cold-rolled steel plate, with Teflon inner bushings.
Suspension	3-Point Design
Guards & Pulleys Covers	Yes
Weight Pins	Magnetic & tethered