

Rear Delt / Fly

G3-S22



- User arms pivot to accommodate individual forearm lengths and varying paths of motion
- Optimized handle positions reduce the need to adjust the seat position between rear deltoid and fly exercise

EASE OF USE

Color-coded Pivots & Adjusts	Yes
Instructional Placards	Yes
Bottle & Towel Holder	Yes
Ergo Form Cushions	Yes

FRAME & BELT

Over-sized Internal Frame Tubing	Yes
Frame finish	Proprietary two-coat powder process
Frame Color	Polarized Titanium
Belt Transmission	Reinforced 15/16" flat Kevlar/urethane belt

TECH SPECS

Overall Dimensions	136.8 x 191.6 x 204.3 cm / 53.9" x 75.4" x 80.4"
Total Weight	294 kg / 648 lbs.
Weight Stack	134 kg / 295 lbs.
Shipping Weight	320 kg / 705 lbs.

WEIGHT STACK

Self-lubricating Weight Stack Bushings	Solid cold-rolled steel plate, with Teflon inner bushings.
Suspension	3-Point Design
Guards & Pulleys Covers	Yes
Weight Pins	Magnetic & tethered