

Converging Shoulder Press

G3-S23



- Independent converging movement provides a natural path of motion
- Oversized hand grips provide greater comfort and variety
- Pressing arm includes both standard and neutral grips for individual user preference
- Counterbalanced pressing arm for optimized starting resistance

EASE OF USE

Color-coded Pivots & Adjusts	Yes
Instructional Placards	Yes
Bottle & Towel Holder	Yes
Ergo Form Cushions	Yes

FRAME & BELT

Oversized Frame Tubing	Yes
Frame finish	Proprietary two-coat powder process
Frame Color	Polarized Titanium
Cable Transmission	Loos

TECH SPECS

Overall Dimensions	153.8 x 149.3 x 173.6 cm / 60.6" x 58.8" x 68.4"
Total Weight	251 kg / 553 lbs.
Weight Stack	91 kg / 200 lbs.
Shipping Weight	281 kg / 620 lbs.

WEIGHT STACK

Self-lubricating Weight Stack Bushings	Solid cold-rolled steel plate, with Teflon inner bushings.
Suspension	3-Point Design
Guards & Pulleys Covers	Yes
Weight Pins	Magnetic & tethered