

Lat Pulldown

G3-S30



- Thigh pads easily adjust to provide both stability and comfort
- Straight bar with angled ends ensures correct arm and wrist position throughout the entire range of motion

EASE OF USE

Color-coded Pivots & Adjusts	Yes
Instructional Placards	Yes
Bottle & Towel Holder	Yes
Ergo Form Cushions	Yes

FRAME & BELT

Over-sized Internal Frame Tubing	Yes
Frame finish	Proprietary two-coat powder process
Frame Color	Polarized Titanium
Belt Transmission	Reinforced 15/16" flat Kevlar/urethane belt

TECH SPECS

Overall Dimensions	146.4 x 119.6 x 221.7 cm / 57.6" x 47.1" x 87.3"
Total Weight	250 kg / 551 lbs.
Weight Stack	134 kg / 295 lbs.
Shipping Weight	264 kg / 580 lbs.

WEIGHT STACK

Self-lubricating Weight Stack Bushings	Solid cold-rolled steel plate, with Teflon inner bushings.
Suspension	3-Point Design
Guards & Pulleys Covers	Yes
Weight Pins	Magnetic & tethered