

Tricep Extension

G3-S45



- Seat and upper-arm pads are angled to enhance user stability during exercise
- Handle pivots to automatically adjust for varying forearm lengths
- Optimized pivot location creates a biomechanically correct range of motion

EASE OF USE

Color-coded Pivots & Adjusts	Yes
Instructional Placards	Yes
Bottle & Towel Holder	Yes
Ergo Form Cushions	Yes

FRAME & BELT

Over-sized Internal Frame Tubing	Yes
Frame finish	Proprietary two-coat powder process
Frame Color	Polarized Titanium
Belt Transmission	Reinforced 15/16" flat Kevlar/urethane belt

TECH SPECS

Overall Dimensions	117.4 x 108.4 x 150.6 cm / 46.2" x 42.7" x 59.3"
Total Weight	223 kg / 491 lbs.
Weight Stack	91 kg / 200 lbs.
Shipping Weight	281 kg / 620 lbs.

WEIGHT STACK

Self-lubricating Weight Stack Bushings	Solid cold-rolled steel plate, with Teflon inner bushings.
Suspension	3-Point Design
Guards & Pulleys Covers	Yes
Weight Pins	Magnetic & tethered