

Back Extension

G3-S52



- Adjustable non-skid footrests provide secure and proper positioning
- Lower-back reference pad encourages user alignment
- Pivot position promotes the coordinated function of the hip and lower-back muscles

EASE OF USE

Color-coded Pivots & Adjusts	Yes
Instructional Placards	Yes
Bottle & Towel Holder	Yes
Ergo Form Cushions	Yes

FRAME & BELT

Over-sized Internal Frame Tubing	Yes
Frame finish	Proprietary two-coat powder process
Frame Color	Polarized Titanium
Belt Transmission	Reinforced 15/16" flat Kevlar/urethane belt

TECH SPECS

Overall Dimensions	157.7 x 106.5 x 174.9 cm / 62.1" x 41.9" x 68.9"
Total Weight	277 kg / 610 lbs.
Weight Stack	134 kg / 295 lbs.
Shipping Weight	315 kg / 695 lbs.

WEIGHT STACK

Self-lubricating Weight Stack Bushings	Solid cold-rolled steel plate, with Teflon inner bushings.
Suspension	3-Point Design
Guards & Pulleys Covers	Yes
Weight Pins	Magnetic & tethered