

Prone Leg Curl

G3-S73



- Chest pad and hip pad form a diverging angle which encourages a full range of motion and helps reduce lower-back stress
- Standard range-of-motion adjuster for individual preference
- Pivot location clearly marked to encourage correct alignment

EASE OF USE

Ergo Form Cushions	Yes
Bottle & Towel Holder	Yes
Instructional Placards	Yes
Color-coded Pivots & Adjusts	Yes

FRAME & BELT

Frame Color	Iced Silver
Belt Transmission	Reinforced 15/16" flat Kevlar/urethane belt
Frame finish	Proprietary two-coat powder process
Over-sized Internal Frame Tubing	Yes

TECH SPECS

Shipping Weight	322 kg / 710 lbs.
Weight Stack	91 kg / 200 lbs.
Total Weight	272 kg / 600 lbs.
Overall Dimensions	177.5 x 111.7 x 173.6 cm / 69.9" x 44.0" x 68.3"

WEIGHT STACK

Weight Pins	Magnetic & tethered
Guards & Pulleys Covers	Yes
Suspension	3-Point Design
Self-lubricating Weight Stack Bushings	Solid cold-rolled steel plate, with Teflon inner bushings.