

Rotary Hip

G3-S76



- Allows users to perform hip exercise from the standing position, providing enhanced alignment and increasing target muscle involvement
- Adjustable carriage allows users of varying heights to achieve optimal positioning
- Starting positions are incremental at 15 degree intervals through 270 degrees of rotation for consistency

EASE OF USE

Ergo Form Cushions	Yes
Bottle & Towel Holder	Yes
Instructional Placards	Yes
Color-coded Pivots & Adjusts	Yes

FRAME & BELT

Belt Transmission	Reinforced 15/16" flat Kevlar/urethane belt
Frame Color	Iced Silver
Frame finish	Proprietary two-coat powder process
Over-sized Frame Tubing	Yes

TECH SPECS

Shipping Weight	331 kg / 730 lbs.
Total Weight	295 kg / 650 lbs.
Overall Dimensions	111.7 x 119.7 x 184.3 cm / 44.0" x 47.1" x 72.6"
Weight Stack	134 kg / 295 lbs.

WEIGHT STACK

Weight Pins	Magnetic & tethered
Deck Step Height	Yes
Guards & Pulleys Covers	Yes
Suspension	3-Point Design
Self-lubricating Weight Stack Bushings	Solid cold-rolled steel plate, with Teflon inner bushings.