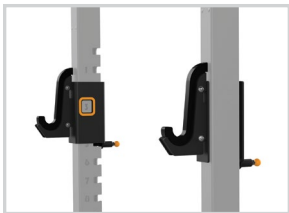


- Designed for a variety of lifts – presses, squats, overhead lifts and more
- Includes adjustable safety bars, dual-grip chin bars, bar storage, band storage and weight storage
- 3 retractable lower band pegs on each side (6 total)
- Product Weight = 249.5 kg / 550 lbs.
- Overall Dimensions (L x W x H) = 206 x 207 x 246.5 cm / 81" x 81.5" x 97"



REVERSE J-HOOKS – OPT1R

Product Weight: 14 kg / 30 lbs.

Overall Dimensions (L x W x H):
36 x 13 x 26 cm / 14" x 5" x 10"

- Made of high-density polyethylene (HDPE) to protect bar knurling
- Used on the outside of Power or Open Racks
- Available only in Ridge Black

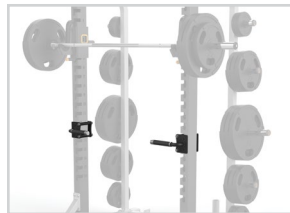


REVERSE DIP BARS – OPT3R

Product Weight: 11 kg / 24 lbs.

Overall Dimensions (L x W x H):
87 x 69 x 26 cm / 34" x 27" x 10"

- Used for attaching to the outside uprights of the Power and Open Racks for body-weight dips
- Available only in Ridge Black



SQUAT HANDLES – OPT6

Product Weight: 8 kg / 16 lbs.

Overall Dimensions (L x W x H):
23 x 23 x 13 cm / 9" x 9" x 5"

- Squat handles can be set at any height on all rack uprights
- Available only in Ridge Black



REVERSE TECHNIQUE SCOOPS – OPT8R

Product Weight: 35 kg / 76 lbs.

Overall Dimensions (L x W x H):
69 x 44 x 41 cm / 27" x 17" x 16"

- Large cradles accept bumper plates to assist with Olympic lifts and customized takeoff heights
- Attaches to the outside of Power and Open Racks
- Available only in Ridge Black



CUSTOM PLATFORM LOGO – OPT10

Product Weight: N/A

Overall Dimensions (L x W x H):
N/A

- Display your facility logo proudly with this option



PLATFORM RAMP – MOPT11

Product Weight: 23 kg / 50 lbs.

Overall Dimensions (L x W x H):
204 x 22 x 9 cm / 80" x 8.5" x 3.5"

- Ramp allows for gradual incline to the MEGA Open Rack platform
- Replaces standard platform framework
- Available only in Ridge Black



LAND MINE ATTACHMENT – MOPT13

Product Weight: 8 kg / 16 lbs.

Overall Dimensions (L x W x H):
66 x 21 x 13 cm / 26" x 8" x 5"

- Attaches to any MEGA Open Rack for rotational training (bar not included)
- Available only in Ridge Black



NAMEPLATE – UNIVERSAL MOUNT – OPT14U

Product Weight: 2 kg / 5 lbs.

Overall Dimensions (L x W x H):
102 x 1 x 20 cm / 40" x .25" x 8"

- Display your logo proudly above your MEGA Open Rack
- Same as frame color

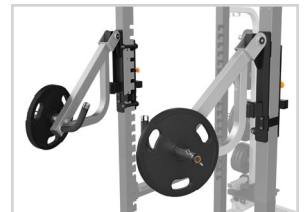


CORE HANDLE – OPT16

Product Weight: 5 kg / 10 lbs.

Overall Dimensions (L x W x H):
48 x 79 x 5 cm / 19" x 31" x 2"

- Used with an Olympic bar and Land Mine Attachment for added training variety
- Available only in Ridge Black



REVERSE JAMMIN ARMS – OPT17R

Product Weight: 50 kg / 110 lbs.

Overall Dimensions (L x W x H):
94 x 56 x 94 cm / 37" x 22" x 37"

- Angled pressing arms can be placed at 13 different heights for added training variety
- Attaches to the outside of Power and Open Racks
- Available in standard colors



REVERSE JAMMIN ARMS W/BAND ATTACHMENT – OPT17RB

Product Weight: 64 kg / 140 lbs.

Overall Dimensions (L x W x H): 94 x 56 x 96 cm / 37" x 22" x 37.5"

- Angled pressing arms with band attachments for added training variety with speed and resistance
- Attaches to the outside of Power and Open Racks
- Available in standard colors



FAT BAR J-HOOKS – OPT26

Product Weight: 16 kg / 35 lbs.

Overall Dimensions (L x W x H): 47 x 18 x 34 cm / 19" x 4" x 13"

- Made of high-density polyethylene (HDPE) to protect bar knurling
- Oversized hooks accommodate large-diameter Olympic bars
- Available only in Ridge Black

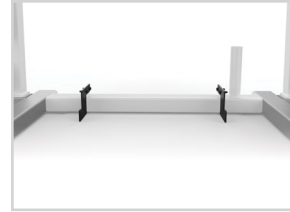


REVERSE FAT BAR J-HOOKS – OPT26R

Product Weight: 15 kg / 32 lbs.

Overall Dimensions (L x W x H): 45 x 11 x 33 cm / 17.5" x 4" x 13"

- Made of high-density polyethylene (HDPE) to protect bar knurling
- Oversized hooks accommodate large-diameter Olympic bars on the outside of Power and Open Racks
- Available only in Ridge Black



MEGA RACK DOCKING KIT W/O PLATFORM – MOPT29

Product Weight: 3 kg / 5 lbs.

Overall Dimensions (L x W x H): 26 x 3 x 14 cm / 10" x 1" x 5.5"

- Connects MG-A695 and VY-D695 Horizontal Adjustment Benches directly to rack without a platform
- Available only in Ridge Black

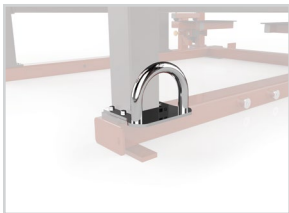


MEGA RACK DOCKING KIT W/PLATFORM – MOPT29P

Product Weight: 2 kg / 3 lbs.

Overall Dimensions (L x W x H): 26 x 3 x 6 cm / 10" x 1" x 2"

- Connects MG-A695 and VY-D695 Horizontal Adjustment Benches directly to rack when using a platform
- Available only in Ridge Black

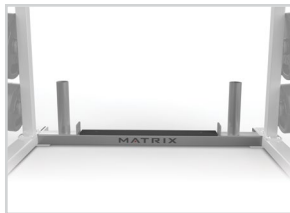


MEGA RACK BATTLE ROPE ATTACHMENT – MOPT31

Product Weight: 4 kg / 7 lbs.

Overall Dimensions (L x W x H): 18 x 23 x 17 cm / 7" x 9" x 7"

- For rope training as an anchor point on any version of our MEGA Open Racks
- Available only in Chrome

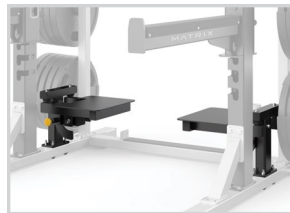


MEGA RACK DUAL OLYMPIC BAR STORAGE – MOPT41

Product Weight: 21.8 kg / 48 lbs.

Overall Dimensions (L x W x H): 18 x 110 x 33 cm / 7" x 43" x 13"

- Vertical Olympic bar storage
- Replaces standard equipment
- Same as frame color



BOLT-ON SPOTTER STANDS – OPT45

Product Weight: 31 kg / 68 lbs.

Overall Dimensions (L x W x H): 38 x 81.5 x 29.5 cm / 15" x 32" x 11.5"

- Step-up platform used for assisting in heavy lifts
- Available only in Ridge Black



MEGA PLATFORM W/HARDWOOD INSERT – MR694P

Product Weight: 236 kg / 520 lbs.

Overall Dimensions (L x W x H): 364 x 254 x 8 cm / 143" x 100" x 3"

- Durable rubber training surface to absorb impact, dampen noise and protect flooring during Olympic lifts
- Hardwood center insert provides optimum foot grip and stability during explosive Olympic lifts



MEGA SOLID RUBBER SURFACE PLATFORM – MRP4794

Product Weight: 279 kg / 615 lbs.

Overall Dimensions (L x W x H): 364 x 254 x 8 cm / 143" x 100" x 3"

- Durable rubber training surface to absorb impact, dampen noise and protect flooring during Olympic lifts