

Half Rack

MG-A690



- ▶ Open-front design gives users freedom of movement
- ▶ As shown with adjustable safety bars, dual-grip chin bar, bar storage, band storage and weight storage
- J-hooks made of high-density polyethylene (HDPE) to protect bar knurling from scratches
- Visual height indicator and colored locking pin make bar-level changes quick and easy

FRAME

Frame Construction	10.2 x 7.6 cm / 4" x 3"; 7-gauge steel uprights are laser-cut for easy movement of the heavy-duty J-hook system
Height Options	Available in 2.4 and 2.7 m / 8' and 9' tall configurations

STORAGE

Weight	10 weight-storage horns capable of holding both Bumper and Olympic plates
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TECH SPECS

8' Overall Dimensions (L x W x H)	166.5 x 187 x 256.5 cm / 65.5" x 73.5" x 101"
9' Overall Dimensions (L x W x H)	166.5 x 187 x 287 cm / 65.5" x 73.5" x 113"
8' Product Weight	195 kg / 430 lbs
9' Product Weight	202 kg / 445 lbs
Max. User Weight	181.5 kg / 400 lbs
Max. Training Weight	408.5 kg / 900 lbs.