

Glute Ham Bench

MG-A96



- Step-through design
- Leg pads' vertical adjustment is gas-assisted for ease of adjustment
- Hooks to attach bands for reverse hyperextensions
- Leg pads and oversized footplate can be adjusted while in exercise position
- Handles to perform reverse hyperextensions

FRAME

Frame Finish	Proprietary two-coat powder process
--------------	-------------------------------------

TECH SPECS

Overall Dimensions (L x W x H)	157 x 91 x 130 cm / 62" x 36" x 51"
Shipping Weight	136 kg / 300 lbs.