

Vertical Bench Press

MG-PL12



- Independent converging motion provides a natural path of motion
- Back pad adjusts to alter range of motion and expand training options
- Ratcheting seat for easy adjustment
- Dual-grip pressing positions offer greater training variety
- 4 integrated weight-storage horns

FRAME

Frame Finish	Proprietary two-coat powder process
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TECH SPECS

Product Weight	196 kg / 432 lbs
Overall Dimensions (L x W x H)	146.5 x 168.5 x 199.5 cm / 58" x 66.5" x 78.5"
Max. User Weight	159 kg / 350 lbs
Max. Training Weight	245 kg / 540 lbs
Starting Resistance	6.8 kg / 15 lbs
Shipping Weight	228 kg / 503 lbs