

Seated Row

MG-PL34



- Diverging independent arms provide a natural path of motion
- Two different foot positions accommodate a greater variety of user heights
- Integrated weight-storage horn
- Dual-grip positions offer greater training variety
- Ratcheting seat for easy adjustment

FRAME	
Frame Finish	Proprietary two-coat powder process

TECH SPECS	
Product Weight	118 kg / 260 lbs
Overall Dimensions (L x W x H)	152.4 x 139.7 x 106.7 cm / 60" x 55" x 42"
Max. User Weight	159 kg / 350 lbs
Max. Training Weight	245 kg / 540 lbs
Starting Resistance	11.3 kg / 25 lbs
Shipping Weight	134 kg / 296 lbs