

Pec Fly/Rear Delt

VS-S22



- Large oversized grips accommodate users of all sizes
- Forward-facing user position for both movements provides greater comfort and ease of use
- Wide motion for improved bio-mechanics and dual function
- Incremental weight

ADJUSTMENTS

User adjustment range	Adjustable Start Position from Front to Rear
Color coded pivots & points of adjustment	Yes

FRAME & CABLES

Frame finish	Proprietary two-coat powder process
Cable transmission	Internally lubricated cables & fittings
Frame color	Iced Silver
Machine anchoring	Machine anchoring locations

TECH SPECS

Rep counter battery life	Approximately 3 years
Rep counter power supply	2 AA batteries
Rep counter machine usage tracking	Service mode tracks total machine reps and hours of use
Overall dimensions	150.5 x 169.0 x 167.1 cm / 59.2" x 66.5" x 65.8"

USER AMENITIES

Rep counter	Electronic counter displays reps, exercise time and rest time & provides towel holder hook
Contoured seat	Yes
Personal storage	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
Placard color coding	Yellow (upper body)
Rear placards	Color-coded machine identification & machine specific stretching
Front placards	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements

WEIGHT STACK

Consistent stack height	Yes
Weight stack guarding	Full front and rear shields
Total stack weight	Heavy: 200 lbs (91 kg); Light: 150 lbs (68 kg)
Weight plate increments	Heavy: 15 lbs (6.8 kg) & 10 lbs (4.5 kg); Light: 10 lbs (4.5 kg)
Incremental weight system	5 lbs (2.3 kg)

