

Diverging Lat Pulldown

VS-S33



- Independent diverging movement provides a natural path of motion
- Thigh pad easily adjusts to provide stability and comfort
- Angled seat encourages proper user position
- Incremental weight

ADJUSTMENTS

User adjustment range	Adjustable Knee Pad
Color coded pivots & points of adjustment	Yes

FRAME & CABLES

Frame finish	Adjustable Knee Pad
Frame color	Iced Silver
Cable transmission	Internally lubricated cables & fittings
Machine anchoring	Machine anchoring locations

TECH SPECS

Rep counter battery life	Approximately 3 years
Rep counter power supply	2 AA batteries
Rep counter machine usage tracking	Service mode tracks total machine reps and hours of use
Overall dimensions	155.4 x 150.1 x 187.9 cm / 61.2" x 59.1" x 74.0"

USER AMENITIES

Front placards	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
Rear placards	Color-coded machine identification & machine specific stretching
Placard color coding	Yellow (upper body)
Personal storage	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
Contoured seat	Yes
Rep counter	Electronic counter displays reps, exercise time and rest time & provides towel holder hook

WEIGHT STACK

Consistent stack height	Yes
Weight stack guarding	Full front and rear shields
Total stack weight	Heavy: 230 lbs (104 kg); Light: 160 lbs (72 kg)
Weight plate increments	Heavy: 15 lbs (6.8 kg) & 10 lbs (4.5 kg); Light: 10 lbs (4.5 kg)
Incremental weight system	5 lbs (2.3 kg)

